

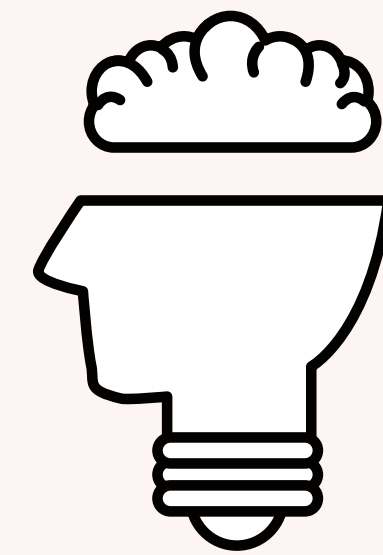
How can a Practice Educator enable a student to become a more Reflective Practitioner?



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SAPRAT Model of Reflection



The Idea:

The student identified reflection as an improvement area, in light of this the practice educator devised the SAPRAT Model of Reflection.

Methodology:

Student received the model and it was used in two supervision case discussions.

How to improve on the model:

In order to gain more feedback and insight into the effectiveness of the model, the Practice Educator should use the model with more students and social workers.

How the Model was devised?

This model was developed through exploring the key components of critical reflection and carrying out researching existing reflection models

"I found the reflection tool helpful as it allowed me to analyse deeper than I usually would. and not make assumptions"

"If I compare it to other reflective models like Gibbs, it allowed me to speak on the case as a whole rather than one particular experience"

"SAPRAT model allowed me to reflect better on practice"

- Student Feedback



References:

Knott, C. and Scragg, T. (2016). Reflective practice in social work. 4th ed. London: Learning Matters.

Oelofsen, N. (2012). Developing reflective practice: a guide for students and practitioners of health and social care. 1st ed. Banbury: Lantern.

Key Words: Reflection; Reflective practice; critical reflection; supervision, case discussion.