

UNIVERSITY OF WEST LONDON The Career University



Study Skills for Successful Students:

A Personal Development Plan (PDP) to improve your Study Skills

Dear Student,

Feedback from UWL students has indicated that there is a variety of study skills that should develop during their studies in order to succeed and feel more confident. To help you out, we have developed this PDP document which will offer you the opportunity to reflect on your skills, help you to successfully complete the module/year/course, and to be well prepared for your future educational and career aspirations. There are many different skills that you can develop to make yourself a more effective learner and increase your success at UWL. In order to create your own PDP, follow the below steps:

- STEP 1: Select a 'Skill Important for Study'
- STEP 2: Identify the 'Personal Development Opportunities' that can foster this
- STEP 3: Outline your PDP Goal

Step 1: Skills Important for Study Below there is a list of study skills provided by UWL graduates. Please select up to 3 study skills that you would like to develop. If none of them suits you, please report in Step 3 the study skill you would like to develop.			Step 2: Personal Development Opportunities in Your Course		
1.	Completing an assignment or a project from start to finish.	Ø	Academic Writing, Essays		
2. 3.	Finding, analysing and applying information. Managing my workload effectively and handling time pressure.	Ø			
3. 4.	Taking good notes.		Lectures and Seminars		
5.	Having an active Continuing Professional Development Plan.	Ø	Exams and Assessments		
6.	Accurate referencing and avoiding plagiarism				
7.	Reflecting on my learning.	Ø	Group Work and Projects		
8.	Solving problems and making decisions.				
9.	Interacting with peers I may not agree with	Ø	Studying and Revising		
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12.	6				
13.	Improve my research and/or library skills				

Step 3: Outline your PDP Goal									
Skill #	Description	Personal Development Opportunity							
		Writing	Lectures	Assessments	Group Work	Revision			
4	Taking good notes		Ø			\bigotimes			
My PDP Goal: I want to organise my notes well so that I can find answers easily during revision.									

My PDP Goal:								
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If you need any help, ask your Lecturer or Personal Tutor. If you have any questions or need study support, please email:								

Paper adapted from <u>Recipes for Students Success</u>, University of Derby

<u>Study.Support@uwl.ac.uk</u> or visit our Study Support hub