



Understanding Your Students

A Classroom Dialogue to Address Students' Anxieties and Concerns

Dear Student,

Feedback from UWL students has indicated that there are some common reasons why sometimes they perform poorly, fail, or withdraw from the University. As we value students' views, we have developed this paper that will help us provide you sufficient advice and guidance in relation to your needs. Below is a list of statements that describe certain feelings and concerns that students have. Please read them carefully and select the one that applies to you. Please note that this is **anonymous**, so please respond as honestly as you can.

Age:

Gender:

Ethnicity:

How much do these statements relate to you?	Not at all	Not so much	Somewhat	A lot
My past academic failures cause me anxiety and doubt in my current studies				
I am concerned that I have poor time management or procrastination				
I am anxious about the scheduling of assessments across modules and other assignment clashes				
Unexpected changes to module sessions, course schedules, or due dates cause me anxiety				
I sometimes lack confidence about my abilities – “Am I good enough?” “Do I deserve to be at uni?”				
I feel I am not able to reflect the right academic tone in my writing				
I do not understand the importance of reading the Module Study Guide				
I am not aware of the Module Learning Outcomes and how these relate to the assignments				
I do not understand the assessment criteria				
I do not understand how to reference or about plagiarism and the consequences				
I am not allowing enough time to proofread my work				
I am unable to keep deadlines				
I am concerned about my attendance (either not attending lectures and tutorials or attending but not engaging)				
I am concerned for not maintaining a positive attitude or having good motivation for my studies				
I feel, I am easily distracted in my lecture(s)				
I sometimes do not feel part of the university community				
I have not yet engaged with my Personal Tutor				
I do not really know who to go to when I am struggling or need help				
I am reluctant to come forward and ask for help				
I am overwhelmed by personal matters (paid work, family obligations, finances, health)				
<i>Do you have any additional anxieties or concerns not listed? If yes, please report</i>				

If you need any help, ask your Lecturer or Personal Tutor. If you have any questions or need study support, please email:

Study.Support@uwl.ac.uk or visit our Study Support hub

Paper adapted from [Recipes for Students Success](#), University of Derby